By Dorothy Plaza, BSN, RN

DTTAC Master Trainer *Select, National DPP*Chair, Diabetes Alliance of Idaho

# Idaho NDPP Networking Opportunity



Dorothy Plaza, BSN,RN
DTTAC Master Trainer Select,
National DPP
Chair, Diabetes Alliance of Idaho
(DAI)



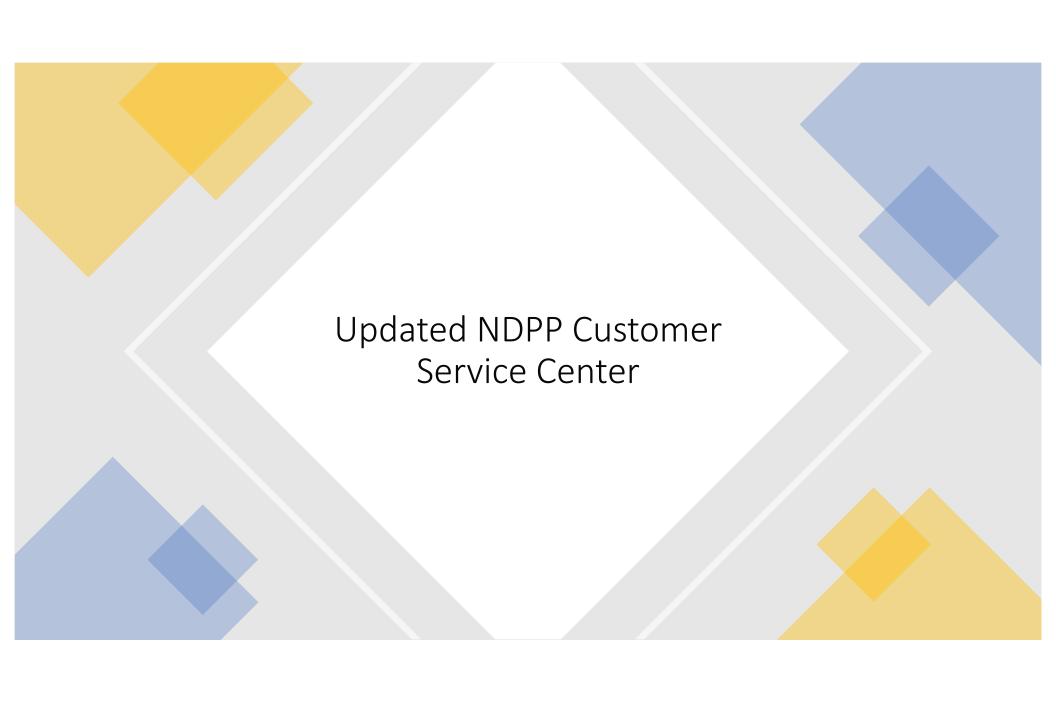
Updated NDPP Customer Service Center

Using HbA1C To Meet DPRP Program Requirements

PHE Updates

Advanced Lifestyle Coach Training

Network and Technical Assistance needs



# Updated NDPP Customer Service Center (CSC)

## KEY FEATURES AND FUNCTIONS OF THE CSC



#### Homepage key features:

- 1. Login: Login to your profile.
- 2. Home: Use to return to the homepage at any time.
- About Us: Learn about what you can do on the CSC.
- 4. Resource Topics: Access the knowledge base.
- Contact Us: Request technical assistance.
- Community Discussion Board: Participate in discussions with your peers.
- 7. Calendar: Access the CSC events calendar.
- 8. More: View your requests, submit a success story, and more.
- 9. Search Bar: Search the knowledge base for specific resources.
- 10. Tile Buttons: Access quick links to commonly used CSC feature
- 11. New to the CSC: View the recent information posted to the CS
- 12. **Key Resources:** Access critical resources for obtaining CDC recognition and delivering the program.

# Key resources

DPRP Standards and Operating Procedures

NDPP Coverage Toolkit NDPP PreventT2 Curricula and Handouts

CDC Recognition FAQ

Training for your
Lifestyle
Coaches

CDC COVID-19

#### **National Diabetes Prevention Program Events Calendar**

This calendar highlights CDC events related to the National DPP, including webinars and trainings.

December 2022

today < >

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29 DPRP Portal Demonstration V	30	1	2	
4	5	6	7	8	9	
11	12	13	14	15	16	
18	19	20 DPRP Office Hours	21	22	23	
25	26	27	28	29	30	

CDC Customer Service Center Calendar

Upcoming:
December 20-Live
Demonstration of the
DPRP Data Portal



#### Personal Success Tool

- The PST is: A collection of fun and interactive videos, quizzes, games, and other resources to help participants wherever they are on their journey
  - Free for participants
  - Easily accessible on computer, smart phone, or tablet
  - Program participants can be sent motivational modules that are tailored to the session being covered to reinforce program content in a timely manner.

#### Resources for Lifestyle Coaches

<u>Lifestyle Coach's Guide</u> is a short overview of the PST, what it is, and when to use it.

**Quick Reference Guide** is a printable worksheet that helps lifestyle coaches schedule and track when to send out each module.

<u>Talking Points</u> provides ideas on how to introduce the PST to participants and what benefits they may gain.

<u>Participant Overview</u> is a hand out lifestyle coaches can print or send to participants explaining what the PST is and what to expect.

## New Resources

## **Year Round Recruiting and Retention Promotional Materials**

Resource Name	Resource Description		
Annual Holiday Social Media Calendar	This resource features a sample list of holidays and observances throughout the year that you may use in your social media promotional efforts. You can tailor the post copy so the messages will resonate with the local communities you are engaging. There is one graphic and suggested post copy for each observance in the calendar. Holidays are listed in chronological order for the 2022 holiday/observance calendar.		
Community Health Worker and Community Champion Promotional Materials	This resource includes tips and resources to help you promote and present your program.		
Healthy at Home Promotional Materials	This resource includes a mini-campaign that can help you reach a smaller segment of your audience. Mini-campaigns might not run as long or use as many channels as a broader campaign. However, it can be a useful strategy for keeping audiences engaged. The purpose of this promotional bundle is to provide sample content that you can use to run a mini-campaign using mostly social media with a Healthy at Home theme.		
Restarting Your Health Goals Promotional Materials	This resource includes copy designed to help your audience revisit, refresh, and restart their health goals.		
Testimonial Promotional Materials	Testimonials from real-life participants and lifestyle coaches are powerful tools that highlight how the National Diabetes Prevention Program (National DPP) lifestyle change program is an effective - and fun - way to prevent type 2 diabetes. The following testimonial materials can be used to spread awareness on the prevention of type 2 diabetes and help organizations recruit for their lifestyle change program.		
What's Your Why Promotional Materials	This bundle includes two parts. What's Your Why Part 1: "Promotional Messages to Raise Awareness and Promote Benefits" offers messages and resources for people who have never heard of or have limited understanding of prediabetes. What's Your Why Part 2: "Promotional Messages to Promote Taking Action" includes promotional materials for people who have prediabetes and are thinking about or ready to make a change.		



# New HA1C Reporting Option



## USING HbA1C TO MEET PROGRAM REQUIREMENTS

Organizations recognized by CDC to deliver the National Diabetes Prevention Program (National DPP) lifestyle change program (LCP) can use HbA1C (hemoglobin A1C) values in 2 ways:





#### **HbA1C for LCP Eligibility**

People with prediabetes are eligible to participate in a National DPP LCP. For full eligibility criteria, see Section II.A.3 of the <a href="DPRP Standards">DPRP Standards</a>.

#### An HbA1C result of 5.7% to 6.4% is considered prediabetes.

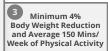
HbA1C testing should be done before the LCP starts. Results can be self-reported, except for Medicare Diabetes Prevention Program (MDPP) participants enrolled in MDPP supplier organizations. Organizations that are MDPP suppliers should refer to the MDPP website for further guidance.

#### **HbA1C As an Outcome Measure**



0.2% HbA1C Reduction





A *reduction in HbA1C* value of 0.2% is 1 of 3 ways participants can show a reduced risk of type 2 diabetes.

#### **Reporting Requirements for CDC-Recognized Organizations**



#### Reporting HbA1C Values

Beginning and ending HbA1C values can be self-reported by participants (except for MDPP participants). If no beginning or ending value is recorded, organizations should use the *default number* 999.



#### Report Beginning HbA1C Value Within 14 days of the First LCP Session

The beginning HbA1C value should be in the prediabetes range (5.7% to 6.4%), taken within 1 year before the LCP begins, and reported within 14 days after the first session attended by a participant.



#### Report Ending HbA1C Near the End of the Program

The ending HbA1C value should be collected and *submitted before final data submission* each year of the LCP. HbA1C values must be included in the last LCP session and recorded in months 9 to 12. (To determine the date of your last session, view the <u>Understanding and Managing Sequences Webinar</u>.) CDC will evaluate final data to see if participants achieved a 0.2% *HbA1C reduction*.



For more information, visit the <u>National DPP Customer Service Center</u>. Click "Login" or register to create a profile. Then select "Contact Us" and "Contact Support" at the top of the home page.



Centers for Disease Control and Prevention National Center for Chronic Disease Prevention and Health Promotion Division of Diabetes Translation National Diabetes Prevention Program (National DPP): Revised Guidance for Maintaining/Reinstating Recognition After Pausing Delivery During the Public Health Emergency (PHE) Revised Guidance of DPRP Recognition during PHE National Diabetes Prevention Program (National DPP): Revised Guidance for Maintaining/Reinstating Recognition After Pausing Delivery During the Public Health Emergency (PHE)

Effective July 7, 2022 IMPORTANT INFORMATION

We understand the health and safety of your staff and program participants continues to be of the utmost importance as we continue to manage the COVID-19 pandemic. At this point in the public health emergency (PHE), we want to provide all CDC-recognized organizations with guidance for moving forward with delivery of the National DPP lifestyle change program. Over the next 6 to 12 months, it is our intent to have all organizations that are listed on the Registry delivering sessions and submitting data again. With that in mind, we will be taking the following actions with respect to recognition. Please note: This guidance is going into effect even if there are further formal extensions of the PHE.

Beginning in 3 months (October 2022), we will be discontinuing CDC recognition for organizations at the time of their next data submission that:

- Have not been in contact with the DPRP since the beginning of the PHE (March 2020).
- Have been unreachable by the DPRP team after multiple attempts.
- Have data due but do not have data to submit.
  - When the organization is ready to begin offering the lifestyle change program again, a new application for CDC recognition will need to be submitted. At this time, their previous recognition status will be restored.
- Have received CDC recognition but were not able to begin a cohort before the first data submission was due.
  - These organizations should contact the <u>National DPP Customer Service Center</u> (National DPP CSC) with the date that their first cohort began (or will begin). We will adjust your approval and effective dates to align with the cohort start date, which will result in a revised data submission timeline. If this is not completed by October 2022, recognition for these organizations will be revoked.

Please note that while we may remain under a PHE, in-person organizations will still be allowed to hold virtual sessions. Any cohorts that begin virtually during the PHE will be allowed to complete virtually. Please continue to code these sessions as make-up sessions.

If you have been delivering virtually using your in-person org code during PHE and have decided to switch permanently to virtual DL/delivery, you will need to apply for a new org code for the new delivery mode. The DPRP will award temporary preliminary recognition until you have enough data to be evaluated for permanent recognition status under the new org code. Please note that if you are an MDPP supplier, you do not have this option if you wish to continue to deliver virtually to Medicare beneficiaries. CMS will only reimburse organizations using an in-person organization code, even though they are currently allowing unlimited virtual sessions during the PHE.

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## Lifestyle Coach and Master Trainer training entities:

Association of Diabetes Care & Education Specialists

Black Women's Health Imperative

Diabetes Training and Technical Assistance Center

J Moss Foundation

Magnolia Medical Training Group

<u>ProVention Health</u> Foundation

Solera Health

SparkPro

State of Wellness

Telligen

CS-3 Temple University Touro University
California Training

Virginia Center for <u>Diabetes</u> <u>Prevention and</u> <u>Education</u>

# Diabetes Alliance of Idaho (DAI)

	Members	Non-Members
Quarterly Continuing Education Opportunities	Free	Registration fee
Annual Conference	Free/Discount	Registration fee
Access to Downloadable Resources	Free	Unavailable
Special Events/Meetings	Free	Registration fee

Provides Advanced Lifestyle Coach Training CE's through ADCES and DTTAC

www.diabetesallianceofidaho.org

### Membership Options

- Individual Membership: \$50/year
- Student Membership: \$25/year
- Organizational Membership: \$200/year\*



Future Networking Opportunities: Wednesday, January 18, 12pm PT/1pm MT Tuesday, March 7, 12pm PT/ 1pm MT Thursday, May 11, 12pm PT/ 1pm MT

## Questions?

Dorothy Plaza, BSN, RN DorothyRPlaza@gmail.com