


Idaho National Diabetes Prevention Program Networking Opportunity

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Agenda

1. National DPP + Walk With Ease Program Coupling
2. NDPP Billing Overview and NDPP Common Billing Errors
3. 2023 Advanced Lifestyle Coach Training Opportunities



The Arthritis Foundation's Walk With Ease Program is a community-based physical activity and self-management education program. While walking is the central activity, Walk With Ease is a multi-component program that also includes health education, stretching and strengthening exercises, and motivational strategies.

Presentation Materials obtained from NACDD/DTTAC National DPP + Walk with Ease webinar

Program Origins



Diabetes Prevention Program (2002)

Original Goal: Reduce onset of type 2 diabetes via weight loss by improving nutrition and physical activity

Year-long, group-based program

Today: Scaled nation-wide with 2,200+ delivery organizations



Walk With Ease (1999)

Original Goal: decrease pain and increase physical functioning due to arthritis

6-week, group-based program

Today: WWE has over 5,000 certified leaders



Why Couple these programs?



Why couple these programs?



Potential for greater program outcomes including:

Engagement

Retention

Making &
Sustaining
Behavior
Change

Health
Outcomes

Why use this guide?

To date, coupling these two programs has NOT been rigorously tested or evaluated.

However, we know organizations are interested and some have started to couple these programs.

We hope this guide can provide us with a way to document the variety of ways it is being implemented and learn more about the results.

We know that evaluation capacity varies at every organization. This guide is designed so that your organization can select the level of evaluation feasible given your capacity.



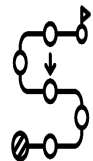
Coupling Definitions

Coupling is defined as the integration of the WWE program into the National DPP at some point during the National DPP LCP duration.

Decisions must be made around the WWE delivery format, timing, and method.



Format: How will you deliver the WWE program?



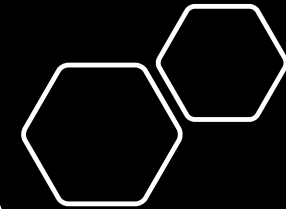
Timing: When will you offer the WWE program?



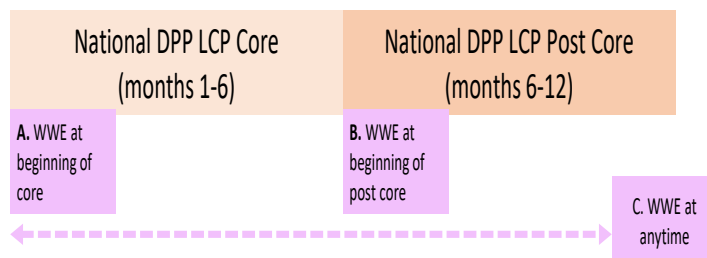
Method: How will you couple the WWE program?

Implementation Guidance: Format

Group	Self-Directed Enhanced	Self-Directed
In the instructor-led group format, participants meet 3 times per week for class session.	In the self-directed enhanced format, a group of individuals begin and end the 6-week program at the same time. Participants meet once a week and complete their walks on their own.	In the self-directed format, participants read the Walk With Ease Guidebook on their own over the course of 6 weeks.



Implementation Guidance: Timing



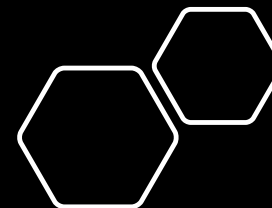
Implementation Guidance: Method

Referral

The National DPP LCP participants are referred to a separate WWE program.

Integrated

All National DPP LCP participants are invited to participate in WWE together as part of their LCP experience. Participants complete the WWE program with their cohort or other National DPP cohort participants.



Walk With Ease

Self-Directed Enhanced Kit

https://www.arthritis.org/getmedia/0d445dd7-ff2c-4956-82a1-d4843bb487f2/WWE-Self-Directed_1-2-3-FINAL.pdf

Coupling Guide request

<https://app.smartsheet.com/b/form/ff11871556ea402d99e23f104cb5bac3>

DPP- Walk with Ease Orientation Guide webinar

<https://vimeo.com/763925080>

Diabetes Alliance of Idaho

www.diabetesallianceofidaho.org





NDPP Billing Overview and Common Errors



Applying CPT Codes to the National DPP

- *CPT Codes 0403T and 0488T*
- **Code 0403T** Preventive behavior change, intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum, provided to individuals in a group setting, minimum 60 minutes, per day
- **Code 0488T** Preventive behavior change, online/electronic structured intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum, provided to an individual, per 30 days
- The 0488T code is only billable once per 30 days, so typically the payment associated with 0488T would be higher than the payment for 0403T
- <https://amapreventdiabetes.org/sites/default/files/uploaded-files/DPP%20CPT-FAQ.PDF>

CPT CODES

Do you have to be under the supervision of a licensed provider to bill using CPT code 0403T or 0488T?

No. CDC-recognized organizations that deliver the type 2 diabetes prevention program are the entities responsible for billing (as opposed to the individual lifestyle coaches leading the classes). Both lay health workers and licensed health care professionals may be trained as lifestyle coaches and lead classes.

CPT code 0403T can be used by the organization recognized by the CDC to deliver the program for both licensed and non-licensed coaches who deliver the intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum provided to individuals in a group setting for a minimum of 60 minutes per day (source: CPT Assistant).

CPT code 0488T can be used by the organization recognized by the CDC to deliver the program for both licensed and non-licensed coaches who deliver an online/electronic intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum provided to individuals per 30 days (source: CPT Assistant).

<https://amapreventdiabetes.org/sites/default/files/uploaded-files/DPP%20CPT-FAQ.PDF>

CPT CODES

What is the reimbursement rate?

CPT codes are procedure codes. Codes do not dictate or guarantee reimbursement. Reimbursement rate is set between the payer and the delivery organization (if not set by CMS) and, therefore, needs to be negotiated between these stakeholders. The CPT code then becomes a method to trigger reimbursement, as well as to track and report services rendered. This CPT code is a Category I

<https://amapreventdiabetes.org/sites/default/files/uploaded-files/DPP%20CPT-FAQ.PDF>

CPT CODES

How can CPT code 0403T or 0488T be used by Value-Based Insurance Design (VBID) plans?

These codes may be used as fee-for-service, volume-based codes or may be negotiated to support value-based arrangements. The CDC-recognized organization will need to determine how best to report this CPT code for each 60-minute session. If the CDC-recognized organization wishes to align to market trends meaning alignment with a value-based arrangement, the CDC-recognized organization could:

- A. Agree to milestone payments, and tie utilization of the code to those milestones. (For example: agree to five milestones over the course of the year-long program, and only submit a claim when a participant reaches each milestone.)
- B. Agree to milestone payments, but still use the code as a reporting mechanism for how often the participant is receiving a session. (For example, there could be up to 24 instances over a 12-month period when the code is used, e.g., 24 weekly, 60-minute sessions. This would be the annual max; reimbursement might only occur at visit nine, 16, weight loss, and year-end; the payer would have the full reporting of how the participant was engaged and only reimburse at specific points.)

<https://amapreventdiabetes.org/sites/default/files/uploaded-files/DPP%20CPT-FAQ.PDF>

	Total Number of Covered Sessions	Rate	Maximum allowable reimbursement
Months 1-6	(CPT code 0403T) 16 core sessions	\$23 per session	\$368
Months 7-12	(CPT code 0403T) 6 core maintenance sessions	\$23 per session	\$138
Total			\$506

	Total Number of Covered Sessions	Rate	Maximum allowable reimbursement
Months 1-6	(CPT code 0488T) Up to 6 months per CDC curriculum	\$49 per 30-day period	\$294
Months 7-12	(CPT code 0488T) Up to 6 months (for each month the pt actively participates)	\$49 per 30-day period	\$294
Total			\$588



Invoicing vs. Medical Claims

- There are two types of billing options or models that payers can use when covering the National Diabetes Prevention Program (National DPP) lifestyle change program.
- **First**, payers can contract with CDC-recognized organizations and establish an **invoicing method** for billing. In this scenario, the CDC-recognized organizations invoice the payer based on the terms defined in the contract.
- **Second**, CDC-recognized organizations can **submit claims** either directly to the payer or to the applicable third-party organization that handles billing and/or network management.

- <https://coveragetoolkit.org/coding-billing-for-the-national-dpp/>



Submitting a claim

- **NPI Numbers**

The claims submission method requires that the CDC-recognized organization have a National Provider Identifier (NPI) number. The NPI number is a 10-digit number assigned by CMS to HIPAA covered health care providers.

- **Submitting a Claim**

If a claims billing method is used, a combination of ICD-10 and CPT (or HCPCS) codes will be assigned to the participant for diagnostic and claims-processing reasons. Claims are commonly submitted via electronic platforms but can also be submitted via paper forms.



Applying ICD-10 Codes to the National DPP

<https://amapreventdiabetes.org/sites/default/files/uploaded-files/18-302297IHO%20STAT%202.0%20ICD%20and%20CPT%20Codes.pdf>

- Relevant International Classification of Diseases (ICD-10®) codes for prediabetes. These codes may be useful to document diagnosis and management of prediabetes.
- Glucose tolerance codes:
 - R73.03 – Prediabetes
 - R73.02 – Impaired glucose tolerance (oral)
 - R73.01 – Impaired fasting glucose
 - R73.09 – Other abnormal glucose
 - R73.9 – Hyperglycemia, unspecified
- Obesity codes:
 - E66.3 – Overweight
 - E66.8 – Other obesity
 - E66.9 – Obesity, unspecified
- Health status/services codes:
 - Z68.3x – Body mass indexes for body mass index (BMI) 30.0–39.9, adult Note: specific codes exist for each BMI category (i.e., Z68.34: BMI 34.0–34.9, adult)
 - Z68.4x – Body mass indexes for BMI 40.0 or greater, adult Note: specific codes exist for each BMI category (i.e., Z68.42 is BMI 45.0–49.9, adult)
 - Z71.89 Other specified counseling
 - Z71.3 – Dietary counseling and surveillance



Commercial Payers


- Blue Cross of Idaho
- Mountain Health CO-OP
- Pacific Source
- Select Health
- Regence BlueShield of Idaho
- Molina
- St. Luke's Health Plan (new for 2023)
- Moda Health (new for 2023)

- Various payers for individual Employers throughout the state



Medicare Diabetes Prevention Program



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- The MDPP is covered under Medicare Part B as a preventive service once per lifetime.
 - Medicare cost sharing does not apply to MDPP services.
 - Benefit description:
 - Core services period is 12 months: 16 weekly core sessions over months 1-6, and 6 monthly core maintenance sessions in months 6-12
 - Sessions are approximately one hour each
 - Limited in-person and/or remote makeup sessions may be provided
 - MDPP suppliers may use any CDC-approved lifestyle change program curriculum
 - Although virtual makeup sessions are approved, 100% virtual delivery of DPP services is not currently approved.
 - MDPP suppliers must apply for and receive MDPP supplier status prior to receiving reimbursement for MDPP services.
 - MDPP suppliers must currently have either CDC Preliminary Recognition or CDC Full Recognition prior to applying.

Medicare Diabetes Prevention Program (MDPP) Expanded Model CY 2023 Payment Rates

HCPCS G-Code	Payment Description	CY 2023
	Core Sessions (Months 1-6)	
G9873	Attend 1 Core Session	\$38
G9874	Attend 4 Core Sessions	\$115
G9875	Attend 9 Core Sessions	\$191
	Core Maintenance (CM) Sessions (Months 7-12)	
G9876	Attend 2 Core Maintenance Sessions (No 5% WL) in CM Interval 1 (Months 7-9)	\$76
G9877	Attend 2 Core Maintenance Sessions (No 5% WL) in CM Interval 2 (Months 10-12)	\$76
G9878	Attend 2 Core Maintenance Sessions (5% WL) in CM Interval 1 (Months 7-9)	\$101
G9879	Attend 2 Core Maintenance Sessions (5% WL) in CM Interval 2 (Months 10-12)	\$101
G9880	5% WL Achieved from baseline weight	\$184
G9881	9% WL Achieved from baseline weight	\$38
G9890	Bridge Payment	\$38
G9891	Non-payable session code (This code is for reporting purposes only).	\$0

Beneficiary Eligibility Criteria & Referrals

- Eligibility criteria:
 - Are enrolled in Medicare Part B;
 - BMI ≥ 25 ; ≥ 23 if self-identified as Asian;
 - A1c (HgA1c) between 5.7 and 6.4%, or a **fasting plasma glucose of 110-125 mg/dL**, or a 2-hour post-glucose challenge of 140-199 mg/dL (oral glucose tolerance test) within the previous 12 months;
 - Have no previous diagnosis of type 1 or type 2 diabetes with the exception of a previous diagnosis of gestational diabetes; and
 - Does not have end-stage renal disease (ESRD) at any point during the MDPP services period.
- The MDPP benefit is available for coverage **only once per lifetime**.
- Although referrals are not required, the following referrals are allowed, as long as blood test results indicate eligibility:
 - Self-referral from participant
 - Community referral
 - Physician referral
 - Other health care practitioner referral



MDPP Common Billing Errors



Unique MDPP FFS Billing Requirements

Remember that the MAC is the first point of contact for billing and claims questions

Keep in mind that MDPP has some unique billing requirements. *Failure to submit claims properly will result in claim denial:*

- MDPP suppliers must be separately enrolled in Medicare as an MDPP supplier to bill for MDPP services.
- MDPP suppliers cannot bill Medicare for non-MDPP services, **even if your organization has more than one service under a single NPI.**
- Except for the bridge payment and non-payable code, **MDPP HCPCS G-code may only be submitted once per eligible beneficiary.**
- MDPP claims may include multiple MDPP HCPCS G-codes on a claim for a single beneficiary, but **claims submitted to Medicare may not contain non-MDPP HCPCS and MDPP HCPCS codes on the same claim form.**
- A claim for either attendance at the first core session or a bridge payment must be successfully submitted before submitting claims for any other MDPP services.
- ***Please NOTE:*** You may not, under any circumstances, charge eligible Fee-for-Service beneficiaries for MDPP services.

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Checklist for Submitting Successful Claims

Use the Billing and Claims Fact Sheet (at <http://go.cms.gov/mdpp>) when submitting claims for MDPP

Before submitting an MDPP claim to Medicare, check the following list:

- ☐ Did I include **Demo Code “82”** in the correct place on the claim form? **Only enter the number “82.”** This is the number 1 reason for denied claims! Contact your MAC if you need guidance on where to enter this data.
- ☐ Are all of the MDPP coaches who delivered MDPP services for the claim(s) included on the Coach Roster in our organization’s PECOS application? **Remember:** Every MDPP coach delivering MDPP services for your organization **MUST** be added to your Coach Roster within 30 days of furnishing MDPP services.
- ☐ Does my claim form **ONLY** include claims for MDPP services using the appropriate MDPP HCPC G-Code? **Remember:** You may not include non-MDPP claims and MDPP claims on the same claim form.
- ☐ Are all of the Administrative Locations and Community Settings associated with the MDPP claim(s) included on our organization’s PECOS application?
- ☐ Are the dates of service for the claim(s) within 365 days of the date of submission? Your claim will be denied if you file it 12 months or later after the date of service. Submit your claims as soon as a goal has been reached!

Tips for Submitting Successful Claims

Use the Billing and Claims Fact Sheet (at <http://go.cms.gov/mdpp>) when submitting claims for MDPP

- **Multiple Medicare enrollments:** It is highly encouraged to obtain a separate organizational NPI for MDPP to avoid this.
- **Using claims submission software:** There are no requirements for the type of claims submission software MDPP suppliers use for billing. Your organization can submit claims to its MAC directly, but you **must install claims software and obtain a submitter ID from the MAC(s)**. *Please contact your MAC for additional information on claims software.*
- **Submit claims in order:** You must successfully submit a claim for either attendance at the first core session or a bridge payment **before** submitting claims for any other MDPP services. Make sure you submit your goal achievement claims in order, for example: Submit the 5% weight loss achieved claim prior to submitting the 9% weight loss achieved claim.
- **Keep your PECOS application up-to-date:** Ensure that your PECOS application is accurate.
 - All MDPP coaches must be on your organizations Coach Roster in PECOS.
 - All Administrative Locations and Community Settings must be included on your PECOS application.
 - Update your authorizing officials and delegating officials as needed. The MAC can only talk to those individuals listed on your PECOS application.



Advanced Lifestyle Coach Training



Training Type	Training Name	Provider	Timing	Cost	Relevant Link(s)
Advanced Lifestyle Coach Training	DTTAC Advance™ Webinar: Habit Formation	Diabetes Training and Technical Assistance Center (DTTAC) at the Emory Centers for Public Health Training and Technical Assistance	Tuesday, January 24th, 2023 12:00pm - 1:00 pm ET (1 hour)	\$40/person; contact dttac@emory.edu for group package rate	https://emory-centers-training-portal.myshopify.com/products/habit-formation-dttac-advance-webinar-live
Advanced Lifestyle Coach Training	DTTAC Advance™ Webinar: Delivering with Data	Diabetes Training and Technical Assistance Center (DTTAC) at the Emory Centers for Public Health Training and Technical Assistance	Tuesday, February 16th, 2023 1:00pm - 2:00pm ET (1 hour)	\$40/person; contact dttac@emory.edu for group package rate	https://emory-centers-training-portal.myshopify.com/products/delivering-with-data-dttac-advance-webinar-live
Advanced Lifestyle Coach Training	DTTAC Advance™ Webinar En Español: All Foods Can Fit	Diabetes Training and Technical Assistance Center (DTTAC) at the Emory Centers for Public Health Training and Technical Assistance	Tuesday, March 7th, 2023 1:00pm - 2:00pm ET (1 hour)	\$40/person; contact dttac@emory.edu for group package rate	Registration coming soon. Contact dttac@emory.edu to join the waitlist.
Advanced Lifestyle Coach Training	DTTAC Advance™ Webinar: Charge Up the Change	Diabetes Training and Technical Assistance Center (DTTAC) at the Emory Centers for Public Health Training and Technical Assistance	Thursday, March 23rd, 2023 12pm - 2pm ET (2 hours)	\$55/person; contact dttac@emory.edu for group package rates	Registration coming soon. Contact dttac@emory.edu to join the waitlist.
Advanced Lifestyle Coach Training	DTTAC Advance™ Peer Learning Series: All Foods Can Fit	Diabetes Training and Technical Assistance Center (DTTAC) at the Emory Centers for Public Health Training and Technical Assistance	2 hours total, Part 1: On-Demand webinar (1 hour), Part2: Peer dialogue on Thursday, February 23rd, 2023 from 12pm-1:00pm ET (1 hour)	\$60/person; contact dttac@emory.edu for group package rates	https://emory-centers-training-portal.myshopify.com/products/all-foods-can-fit-dttac-advance-peer-learning-series

Advanced Coach Training	Why + How: Understanding and Increasing Retention in CDC Lifestyle Change Programs	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 2 CE	Members: \$44.95 / Non-Members: \$54.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/why-how-understanding-and-increasing-retention-in-cdc-lifestyle-change-programs
Advanced Coach Training	Why + How: Supporting Healthy Habit Formation through Diabetes Prevention Programs	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/why-how-supporting-healthy-habit-formation-through-diabetes-prevention-programs
Advanced Coach Training	Strategies to Achieve 5% Weight Loss Goal for the National Diabetes Prevention Program: Case Studies	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/strategies-to-achieve-5-weight-loss-goal-for-the-national-diabetes-prevention-program-case-studies
Advanced Coach Training	From Good to Great: How Coach Self-Assessment and Peer Observation Can Enhance Your Diabetes Prevention Program	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.0 CE	Members: \$29.95 / Non-Members: \$39.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/from-good-to-great-how-coach-self-assessment-and-peer-observation-can-enhance-your-dpp
Advanced Coach Training	Beating the Boredom: Using Different Teaching Techniques	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/beating-the-boredom-using-different-teaching-techniques
Advanced Coach Training	Meeting the Needs of Culturally Diversified Individuals and Growing Your Cultural Competencies in Providing Diabetes Prevention	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/meeting-the-needs-of-culturally-diversified-individuals-and-growing-your-cultural-competencies-in-providing-diabetes-prevention
Advanced Coach Training	Using Motivational Interviewing in Your DPP to Support Behavior Change and Retention	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/using-motivational-interviewing-in-your-dpp-to-support-behavior-change-and-retention
Advanced Coach Training	Why + How: How the Dietary Guidelines Promote Health, Prevent Disease, and Inform Diabetes Prevention Programs	Association of Diabetes Care & Education Specialists (ADCES)	Self-paced online, available 24/7, 1.5 CE	Members: \$34.95 / Non-Members: \$44.95, group discounts available	https://www.diabeteseducator.org/store/online-education/detail/why-how-how-the-dietary-guidelines-promote-health-prevent-disease-and-inform-diabetes-prevention-programs

Advanced Lifestyle Coach Training	Managing participants expectations	Telligen	Wednesday, January 25th 11:30am to 1pm CT	\$110/person	https://www.telligen.com/clientsolutions/ndppcoaching/registration/
Advanced Lifestyle Coach Training	Coaching Presence	Telligen	Wednesday, March 22nd 11:30am to 1pm CT	\$110/person	https://www.telligen.com/clientsolutions/ndppcoaching/registration/

Advanced Coach Training	Motivational Interviewing 100% Online	State of Wellness	12 hours total: Self-paced	\$349/person	https://www.stateofwellness.org/schedule/
Advanced Coach Training	Cultural Competency	State of Wellness	1 hour total: Self-paced	\$25/person	https://www.stateofwellness.org/schedule/
Advanced Coach Training	On-Demand Advanced Training Courses: 1) Food and Mood Junk Food and Hunger 2) Mindful Eating 3) Weight Stigma and Bias - How to view weight in a healthy way 4) Introduction to Mindfulness 5) Obesity: it's more than just willpower	The J. Moss Foundation	On-Demand Training Course/Available now/1 hour per course	\$150/person for two on-demand courses that can be completed at your pace. This package is designed to meet the 2-hour CDC requirement for continuing education credit for all NDPP program Coordinators and Lifestyle Coaches. *Group discounts offered	Register: https://forms.qlc/rxPfaCvGnIwCAY9 More Information: https://jmftraining.org/advanced-training2-advance-training/ Contact: Aya Morihana (619-793-2003)
Advanced Coach Training	Customized Advanced Training Courses: 1) COACHES: Focus on the WHY: Using motivational interviewing to influence behavior change 2) PROGRAMS: The 3 R's to Sustainability: Recruitment, Retention, Reimbursement (Medicare, Medicaid, Commercial) 3) NETWORKS: Community-Clinical Linkages: Building integrated referral networks 4) OUTCOMES: Shared Outcomes: Collecting data and creating long-term sustainability	The J. Moss Foundation	Upon Request /1 hour per course	\$150/person for two on-demand courses that can be completed at your pace. This package is designed to meet the 2-hour CDC requirement for continuing education credit for all NDPP program Coordinators and Lifestyle Coaches. *Group discounts offered	Register: https://forms.qlc/rxPfaCvGnIwCAY9 More Information: https://jmftraining.org/advanced-training2-advance-training/ Contact: Aya Morihana (619-793-2003)
Advanced Coach Training	National DPP Lifestyle Coach Advanced Training	Virginia Center for Diabetes Prevention & Education	Starting February, 2023 On-Demand Offerings/ 1 hour/1 CEU.	\$49 per person per hour	https://med.virginia.edu/vcdpe/lifestyle-coach-training/coming-soon-distance-learning-advanced-training/

Discussion Questions



WHAT CHALLENGES ARE YOU
CURRENTLY FACING?



WHAT SUCCESSES ARE YOU
CURRENTLY EXPERIENCING?

Resources

Walk with Ease webinar

<https://vimeo.com/763925080>

CMS CDC Billing Resources

<https://coveragetoolkit.org/mdpp-implementation-resources/>

<https://innovation.cms.gov/media/document/mdpp-model-billing-submitting-claims-fs>

https://coveragetoolkit.org/wp-content/uploads/2022/03/MDPP-Billing-Claims-Workshops_FAQ.pdf

Advanced Lifestyle Coach Resources

<https://docs.google.com/spreadsheets/d/1TGxXCTGwOlyMPELOBnYr3Yvn3Ylvstk2/edit?usp=sharing&ouid=115056023738407194405&rtpof=true&sd=true>